

**For Hand Ladled Ricotta
(3 lb & 1.5 lb Tins)**

Nutrition Facts

Serving Size ¼ cup (62 g)
Servings Per Container Varies

Amount Per Serving
Calories 110 **Calories from Fat 80**

	%	Daily Value*
Total Fat 9g	14%	
Saturated Fat 6g		
Trans Fat 0g		
Cholesterol 30mg	10%	
Sodium 80mg	3%	
Total Carbohydrate 2g	1%	
Dietary Fiber 0g	0%	
Sugars 1g		
Protein 6g		

Vitamin A 6% • Vitamin C 0%
Calcium 20 % • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs.

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Pasteurized Whole Milk, Starter and Salt