

**For Old Fashioned Ricotta
(Whole Milk, 3 lb & 15 oz Tub)**

Nutrition Facts

Serving Size ¼ cup (62 g)
Servings Per Container Varies

Amount Per Serving
Calories 110 **Calories from Fat 70**

	% Daily Value*
Total Fat 8g	12%
Saturated Fat 5g	
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 65mg	3%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 7g	

Vitamin A 6%	•	Vitamin C 0%
Calcium 20%	•	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs.

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Pasteurized Whole Milk, Starter and Salt